



**Curtis Smith**

Prior to joining the Alkeme Health team as Mindfulness Coach, Curtis Smith was a school leader and educator for over ten years in New York City Public Schools. Throughout his tenure, he began as a special education teacher and went on to co-found one of the top-rated public middle schools in Brooklyn, New York. There he designed the mindfulness curriculum that's infused into the foundation of the school's mission and culture. The success and notable impact of the program led to his current work with the New York City Department of Education District 19. There he serves on the leadership team to create and facilitate district-wide workshops and training for Barack Obama's My Brother's Keeper Alliance.

Later in his career, Curtis took the leap to evolve his work towards social entrepreneurship, and he founded Moment of Mindfulness LLC; a mindfulness lifestyle, methodology, and company bringing mindfulness and social emotional education to schools and companies across the world.

Curtis holds a Bachelor of Science in Political Science from the University of Michigan, a Master of Science from Brooklyn College in Education, a School Building and District Leadership Degree from the College of St. Rose in partnership with the Center for Integrated Training and Education, a certification in Mindfulness and Loving-Kindness from The Path in partnership with The Nalanda Institute, and is a RISE for Educators recipient from Kripalu's Center for Yoga and Health. Curtis embraces mindfulness as a lifestyle and carries his deep passion for this work as he aims to make wellness more accessible through movement, music and meditation